



*The
Nutrition
Program
Bringing
Hope Through
Full Tummies*

March 2009

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Love Without Boundaries Foundation

THE NUTRITION PROGRAM AT WORK

Thank you for bringing the peace and contentment of a full tummy to vulnerable children. What better way to show you the difference you are making in these little lives than to share some of their stories with you? So pull up your comfy chair, grab a cup of tea and see the hope that high-quality nutrition can bring.

LITTLE TINA

I want to introduce you to one of our adorable Nutrition babies. Isn't she sweet? Currently, she is 16 months old and weighs 19



Tina in August

pounds, which is a real accomplishment since she only weighed two pounds when she entered the orphanage.

Thank goodness for high-quality formula which put the needed



pounds on this little one. Her caregivers say she is not only pretty, but also very smart. We hope she will be blessed with a family this year.



Suzanne Damstedt
Orphanage Assistance Director

WATCH ME GROW!



Meet Michael, a beautiful 18-month-old boy who had his cleft lip repaired recently. Like many cleft-affected babies, he was really tiny when he was brought to his orphanage. The Director called LWB

for help, so we provided Lactogen for him to help him to gain the weight he needed for surgery. As you can see

from his photo, he still loves his formula. Thanks to all of our nutrition donors who help make these success stories possible!

Suzanne Damstedt
Orphanage Assistance Director



WE NEED YOUR HELP!



Dr. John Ness

There are still children who urgently need sponsorship for our upcoming medical exchange. This year, LWB is partnering with Children's Hospital associated with Fudan University (CHFUFU) to provide cleft surgeries that will make such a difference in children's lives, well being, and self-confidence. This medical exchange is scheduled for April 5-11. Dr. John Ness and Dr. Cris Martin will be traveling to Shanghai to help orphaned children gain the gift of a new smile. No donation to help a child waiting for surgery is too small. Thank you!



Dr. Cris Martin

To sponsor a child for the cleft exchange program, please visit,

http://www lovewithoutboundaries.com/medical_sponsor_child.cfm

Debbie Smith

Public Relations Director



Lianne will have her palate repaired



Gavin will have his severe cleft evaluated



Zhong's lip will be repaired

LOOK AT ME NOW!



Do you remember this little face? MiaoMiao has been one of our Heartbridge babies for many months. She was having so much difficulty gaining weight and growing because of her CVS (Cyclical Vomiting Syndrome). But we are elated to report that she has been eating and sleeping well and she has been registered for adoption!

According to her February report, "Her favorite food is rice crackers. When she is feeling generous she will even offer others a bite. She shows her happiness with smiles and loves to hold out her hand for kisses."

We can't wait to hear that Miao has been chosen by her forever family!



WE-CARE



Can you add one click to your usual on-line shopping routine?

We-Care.com™ returns a percentage of what you spend online as a donation that supports Love Without Boundaries — at NO charge or extra cost to you. Just visit the LWB marketplace at <http://lwb.we-care.com> then search or browse for a merchant, coupon, or type of product. It's that simple. Shop as you always do and all purchases are made directly from the merchants' sites. Your donation will automatically be sent to LWB by the merchant. You don't have to do anything except begin your shopping at our LWB marketplace.

There are over 800 merchants at We-Care.com™ — including retail, travel, and finance. By using We-Care.com™ for your online shopping, you provide LWB with crucial support and you can even save money with special coupons and offers.

Thanks for supporting LWB through your online shopping!

WHERE ARE THEY NOW?

LWB is excited to introduce a new column profiling LWB "graduates" whose lives have been touched through the generosity of our donors and friends. This month we bring you "Baby Yang."



I have been the coordinator for the LWB Shunyi foster care program for several years. During that time, there have been a few children who have especially touched my heart. One of those was baby Yang. She was a LWB heart baby and was our very first child to enter Heartbridge, where she needed lots of TLC before she could have heart surgery. Amy

blogged about her twice; <http://lwblog.com/?p=270> and <http://lwblog.com/?p=173>.

After a year or so, she was well enough to move into the foster program in Shunyi, and I was so excited to see that she was doing well. I looked forward to getting her reports each month. One of the photos that came with the reports reminded me so much of our daughter, Sara-Grace, that I showed it to my husband. We both cracked up over the mischief dancing in her eyes. I continued to get her reports for the next year or more and enjoyed watching her grow and develop.

One day last July, I got an email from Amy telling me that baby Yang had been listed with an agency and had not been chosen. Her file was going to be sent back within a week. I was shocked. I had no idea she was on a list and I was heartbroken to think that she might not get a family. I told my husband and we both agreed that we should contact the agency. There was only one problem. We were already DTC (Dossier to China) for another little girl with special needs.

I called the agency, and they thought the problem was too large to overcome. We left our name and number with them, just in case. Several weeks later, they called. Were we still interested? Yes!! They said that since Yang's heart condition was so severe and her prognosis so vague, they could not find a family for her. She was listed as having a single ventricle, no pulmonary artery and transposition of the great vessels. One doctor in the U.S. thought should would require a heart transplant, and none of the doctors who reviewed her medicals were

willing to give a prognosis on how long she would live.

We didn't care. We wanted her anyway! The agency said that they would speak to CCAA to see if they would allow us to adopt baby Yang when we traveled to adopt the little girl we were already DTC for. I was shocked and excited! The agency thought that CCAA would allow it because baby Yang needed another open heart surgery as soon as possible. After some anxious weeks of waiting, we got word that the CCAA approved the double adoption!

We traveled to get the girls in January and they are both doing well. Baby Yang is now three, and came home on her birth-



day! We thought it was pretty cool that her citizenship to the U.S. was issued on her birthday! How many people get that as a birthday present?

We took her for an echocardiogram a few weeks ago and were thrilled to hear that she actually DOES have two



ventricles. Apparently, the hole in her heart was so huge that it made it look like she had a single ventricle. Her cardiologist thinks that although it will be complicated, a full repair of her heart is possible! We are waiting to hear back from the

surgeon, but feel confident that our little Yang will one day soon have a very healthy heart! We are so grateful to all the people in her life who made it possible for her to come home to us. Without the intervention of LWB and others, she would not be alive today.



Karin Prunty

Shunyi Foster Care Coordinator

MELAMINE UPDATE

The New England Journal of Medicine published an article this month concerning the melamine formula contamination in China. The NEJM initiated a study of children who were seen for kidney stones. The results of this study indicate that most children with melamine-associated kidney issues had little to no symptoms and often had

normal urinary findings.

You can read the full study and the conclusions at this link:

<http://content.nejm.org/cgi/content/full/360/11/11067>

HONOR A SPECIAL MOTHER!



In honor of your love and devotion as a mother, a donation has been made in your name to the Love Without Boundaries Foster Care program.

This donation will provide the gift of a family for a child that still waits.

Love, _____

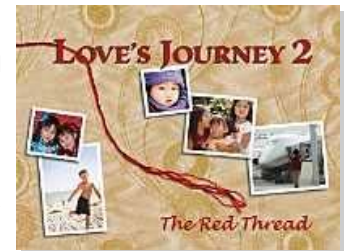
LOVE
WITHOUT BOUNDARIES
www.lovewithoutboundaries.com

With Mother's Day just around the corner, we'd like to remind you of some special ways to honor mom and change the lives of orphaned children at the same time. Our beautiful 2009 Mother's Day card is the perfect gift for any special mom in your life. Proceeds will go to the Foster Care program, to provide the precious gift of a family to a waiting child.

http://www.lovewithoutboundaries.com/foster_gift_cards.cfm

Our gorgeous **Love's Journey 2: The Red Thread** hardbound book is still on clearance for the amazing price of just \$25 plus shipping, a savings of \$35 off the original price. This would be a terrific gift for any mom or mom-to-be touched by the special bond of adoption. You'll want to order one for all the special moms in your life!

<http://store01/prostores.com/servlet/lwshop/Detail?no=47>



FORMULA TO ANY ORPHANAGE PROGRAM

Love Without Boundaries' Nutrition Program is now offering a new way to help your adopted or prospective-adopted child's orphanage as well as helping the LWB General Nutrition Fund. There are orphanages in China that receive little adoptive-parent support, and we now have a way for parents with children from ALL orphanages to "give back" to their FAVORITE orphanage.

For a donation of \$100, our Nutrition Program will send 12 bags of the preferred orphanage formula (in order not to upset little tummies) to the children at your favorite orphanage. After the cost of formula and shipping expenses, *any remaining balance will go to the LWB General Nutrition Fund.* We will send a certificate with one or two pictures of your child, and your personal message to the orphanage. You will also receive a copy. This is a perfect gift for any special celebration or simply for "giving back."

To donate, go to the [Nutrition Fund donation page](#). Please specify in the notes "Send Formula to Any Orphanage Program" and specify the orphanage, including the city and province.



WELCOME HOME! 欢迎

Love Without Boundaries would like to extend a BIG "Welcome Home" to these children who have benefited from our programs!

Naomi: from the Medical program; Shangrao Ling SWI, Jiangxi. →



Tessa: from the Foster Care program; Loudi SWI, Hunan. →



Josiah: from the Foster Care program; Xinyang SWI, Henan. ←



Lucy: from the Medical and Education programs; Shantou SWI, Guangdong. →



Kate: from the Medical and Foster Care programs; Kaifeng SWI, Henan. ←



Michael: from the Medical program; Hefei SWI, Anhui/Starfish Foster Home, Xi'an. →



Hope: from the Education program; Huainan SWI, Anhui. ←



Jacob: from the Medical program; Jiangxi. ←



Lydia: from the Education program; Changde SWI, Hunan. →



Tomyka: from the Foster Care, Medical and Nutrition programs; Xinxiang SWI, Henan. →



If you adopted a child who was in a LWB program, we are happy to send you any progress reports and photos that we have in our files after you have brought your child home. Please complete this [form](#) and submit it to us.

Hudson: from the Foster Care program; Shunyi, Beijing. ←



Also, if you have adopted a child from our programs and would like to see your child featured in "Welcome Home", please email news@lwbmail.com.

To view the Nutrition Program video, click [here](#)



Don't forget!
The *Born In My Heart* art auction begins April 23rd!

Love Without Boundaries Foundation



Bringing Hope and Healing to Children in Need

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Facebook: www.facebook.com/causes/51591

Twitter: www.twitter.com/chinalwb

LWB Blog: www.lwbblog.com

Love Without Boundaries Foundation is a worldwide group of volunteers dedicated to improving the lives of orphaned and impoverished children in China. We provide humanitarian aid in five key areas—

Medical

Education

Orphanage Assistance

Healing Homes

Foster Care

—enabling children to receive a family through adoption or to become self-sustaining members of their communities.

We strive to provide the most loving and compassionate help possible and to show the world that every child, regardless of their needs, deserves to experience love and be treated with dignity and care.

We always remember that none of what we do would be possible without the support and generosity shown by our wonderful supporters from around the world.

‘WEIGHING IN’ WITH A NEW SCALE



Cindy and friend

In November, we told you about the visit of our Nutrition Monitor, Cindy, to Nanchuan. While in Nanchuan, she observed children being weighed with the scale you see below.

Cindy’s report stated, “...we started to measure them and weigh them. The nanny brought a scale...

that scale looks like an antique to me. I think in my hometown we used that kind of scale to weigh the poultry or even pigs. Director Luo said they are going to buy a nice scale in the future. They had been using this scale for a long time. It is fun to see how they weigh the kids with this scale. But the kids were fine when



The ‘antique’ scale



they were tied with a bath towel and got weighed. I think they are used to it.”

We are happy to report that we have replaced this old scale and there is now

a nice new scale that will be much easier and more pleasant for the children and the aunts! It was recently delivered to the orphanage and tried out by the kids!



A shiny, new scale!

The new scale brought these reactions from the children:

“Mimi was very interested in the new scale when the nanny asked her to stand on it to be weighed.



Mimi loves the new scale

She stepped up and down several times for fun. Jill was scared when the nanny tried to put her on the scale on her own, so the nanny had to carry her to be weighed. All the babies loved to be measured.



Jill is not so sure

They like to lay down to be measured and play with the ruler.”

What fun news to find out we can continue to monitor the growth of these precious children. Nanchuan recently had one little one adopted and hopefully more will follow.